9-1-1924

Freshman Student Handbook 1924

Framingham State University

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Greetings

To the Classes of 1926 and 1928 —

As President of the Student Council, I extend my heartiest greetings. As your school years pass, we hope you will learn to love Framingham as we do, and that you will do all you can to keep the standards high. May you always hold a warm place in your heart for Framingham and cherish your school years here.

GLADYS DOANE

To the New Members of our School:

The Alumnae Association watches for your coming: rejoices in your numbers, your good preparation for your work, your enthusiasm, your high purposes. It is concerned in your successes or your failures. It looks forward gladly to the day when you shall have earned your entrance into that sisterhood, believing that you will ever carry with you the ideals of truth, loyalty and service, which every true Framingham girl will hold in her heart of hearts.

MARY H. STEVENS

HISTORY

It was back in the days of 1838 that this normal school was organized under the direction of Mr. Peirce. The school was then located at Lexington.

Upon the opening day of the school there were assembled three timid girls and the principal; the girls were examined and enrolled as the first pupils of the first State Normal School in America.

As years went on, Mr. Peirce found the physical and mental strain of the organizing of a normal school was too great. Because of this, he was obliged to resign. He was succeeded by the Rev. Samuel J. May in 1842.

In 1852 the school was moved to Framingham. In 1889 the trustees of the Mary Hemenway School of Household Arts, which had been established in Boston by Miss Mary Hemenway, offered to transfer the school to Framingham under very generous conditions. The Board of Education accepted the offer and it became in that year a part of the Framingham Normal School.

LOCATION: — The Normal school is in Framingham Center, which is about 2 miles from Framingham (formerly South Framingham). Electric cars run every half hour up to State Street from Framingham. Leave car at State Street. The school is on State Street Hill.

REGISTRATION: — Registration takes place in May Hall Wednesday, September 10, 1924.

The dining room is in Peirce Hall. Tables are not reserved at any meal until after October 1. At this time assigned tables are listed.

FRIENDS

Friendship at Framingham does not mean riding one's friends through the years here on the hill. It has no sympathy with an exclusiveness which allows a girl to feel at home with only those who live "next door" or our high school pals. Friendship has a bigger and broader meaning. Friendship means being a true friend to all classes and types. It means putting the best there is in one forward, that others may gain from a friend's experience. Let each girl choose for herself her friends. Stand on two firm feet, and let no petty influence take away from any girl's character. "May she achieve the greatest possible success in Framingham but let these achievements not leave her in later life." This is the wish of a girl to her friend.
Friendship is full of sacrifice, stability and trustworthiness which, from one day's end to another, is never lacking.

STUDENT COUNCIL

Freshmen! The Student Council bids you welcome. It is our aim to aid in solving student problems. It is with this aim in mind that the council has prepared this little booklet to help and serve as a guide to all Freshmen. We hope that the things here contained will help each entering class student to become acquainted with the ways of "the School above the town." As this year goes on and you have any problems or see ways in which our school can be improved, tell any member of the council. Let them try to help you.

The following plan has been suggested by the Student Council and approved by the Student Body as a possible basis for a Point System.

The Student Body would welcome any assistance from the faculty in the form of such suggestions as they see fit to make.

The aim of this system is to more evenly distribute the offices in the Student activities, to bring out the abilities of the greatest number of girls, and to prevent the concentration of honors in the hands of few. The aim is not only to benefit individual students but to promote the best school spirit.

In carrying out this system the Student Council suggests that a Committee be formed consisting of members from the Student Council and faculty.

The points for Student offices are evaluated according to the following scale, on the basis of thirty points per girl as a maximum for one year.

<table>
<thead>
<tr>
<th>Office</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class President</td>
<td>20</td>
</tr>
<tr>
<td>President of Student Council</td>
<td>20</td>
</tr>
<tr>
<td>Editor-in-Chief of the Dial</td>
<td>20</td>
</tr>
<tr>
<td>Business Manager of the Dial</td>
<td>20</td>
</tr>
<tr>
<td>President of Y. W. C. A.</td>
<td>15</td>
</tr>
<tr>
<td>President of Musical Organizations</td>
<td>15</td>
</tr>
<tr>
<td>President of A'Kempis</td>
<td>15</td>
</tr>
<tr>
<td>President of Lend-a-Hand</td>
<td>15</td>
</tr>
<tr>
<td>President of Girls' Friendly Society</td>
<td>15</td>
</tr>
<tr>
<td>President of Fine Arts</td>
<td>15</td>
</tr>
<tr>
<td>President of Athletic Association</td>
<td>15</td>
</tr>
<tr>
<td>President of Commuters' Club</td>
<td>15</td>
</tr>
<tr>
<td>Secretary of Student Council</td>
<td>15</td>
</tr>
</tbody>
</table>

Members of Student Council (other than Class Presidents) 10
House President 10
Y. W. C. A. Cabinet Members 10
Members of Dial Staff 10
Class officers (other than president) 10
Officers of Musical Organizations (other than president) 10
Officers of A'Kempis (other than president) 10
Officers of Lend-a-Hand (other than president) 10
Officers of Fine Arts (other than president) 10
Officers of Athletic Association (other than president) 10
Officers of Commuters' Club (other than president) 10
Officers of X. P. K. 10
Captains of teams and sports 5
Cheer Leader 5
Officers of Girl Scouts 5
Chairman of General Prom Committee 2
Chairman of Middle Junior Play Committee 2
Members of Executive Committee of Athletic Association other than officers mentioned 2

1. A clause whereby a vote of the Council, any officers or organization to withdraw to a lower group if not keeping up to the standard which the position is supposed to demand.

THE FINE ARTS CLUB

The Fine Arts Club extends its heartiest greetings of welcome to the Freshmen. We sincerely hope you will have four happy years on the Hill. The Fine Arts Club is one of the activities which will help to make you happy.

The Fine Arts Club was first formed by a group of students interested in art. At their meetings they either had lectures on art, or they painted and sketched. As the School grew, so did the Club, until now there are between two and three hundred members each year. With such a large club we can no longer carry on the individual work. Now we try to give the members just a taste of the finer and cultured things in life, which we are so apt to forget.

Sometimes we have a Reader, sometimes we spend an evening listening to music, or a lecture on Art or Travel, or any one of the many subjects included in the word Fine Arts. These meetings come not more than once a month on a Friday night. Soon after the opening of school the officers, who were elected
at the close of the preceding year, hold a membership drive. The dues will not be more than seventy-five cents ($0.75). Save your pennies and become a member of the Fine Arts Club this year.

ATHLETIC ASSOCIATION

To the entering class of '24 we extend a sincere greeting and welcome to our Athletic Association. It is with eager anticipation and keen interest that we watch a new class join us, and become a part of the unit bearing F. N. S. as its name. We hope that during the coming year you will participate eagerly in the various activities which the Athletic Association will undertake, as we are looking forward to the whole-hearted support of the entire student body. We are looking to you, classes of '26 and '28, to advance our standards of true sportsmanship, service and loyalty. We know you will not fail us. May the spirit of the present classes, combined with yours, make the Athletic Association mean more to each student, individually, and to the school as a whole. Again we bid you welcome.

ADELINE MISSAL, President

EVENTS FOR 1924-1925

SEPTEMBER-OCTOBER
  Double tennis tournament.

NOVEMBER
  Mock-Man Dance.
  Harvard-Yale Game.
  Alumnae H. Y. Game.

DECEMBER, JANUARY, FEBRUARY
  Inter and Intra class basketball games.
  Student-Faculty game.

MARCH, APRIL, MAY
  Inter class base-ball games.
  Inter class volley-ball games.

MAY
  Single tennis tournament
  Annual Athletic Meet

MEMBERSHIP REQUIREMENT

Thirty-five points shall be required for active membership to the Athletic Association. Read how you can earn your points.

Point System

<table>
<thead>
<tr>
<th>Event</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BASKETBALL</strong></td>
<td></td>
</tr>
<tr>
<td>First H. Y. team</td>
<td>75</td>
</tr>
<tr>
<td>Sub. H. Y. team</td>
<td>60</td>
</tr>
<tr>
<td>First class team</td>
<td>50</td>
</tr>
<tr>
<td>Sub. class team</td>
<td>25</td>
</tr>
<tr>
<td>Division team</td>
<td>15</td>
</tr>
<tr>
<td>Captains of H. Y. teams</td>
<td>10</td>
</tr>
<tr>
<td>Captains of class teams</td>
<td>5</td>
</tr>
<tr>
<td><strong>TENNIS</strong></td>
<td></td>
</tr>
<tr>
<td>Champion</td>
<td>50</td>
</tr>
<tr>
<td>Runner-up</td>
<td>35</td>
</tr>
<tr>
<td>Survivor of first round</td>
<td>10</td>
</tr>
<tr>
<td>Participator</td>
<td>5</td>
</tr>
<tr>
<td><strong>BASEBALL</strong></td>
<td></td>
</tr>
<tr>
<td>Class team</td>
<td>25</td>
</tr>
<tr>
<td>Sub. class team</td>
<td>10</td>
</tr>
<tr>
<td>Captain of class team</td>
<td>5</td>
</tr>
<tr>
<td><strong>HIKES UNDER SUPERVISION</strong></td>
<td></td>
</tr>
<tr>
<td>5-10 miles or over</td>
<td>5</td>
</tr>
<tr>
<td>25 points may be made in this way each semester</td>
<td>10</td>
</tr>
<tr>
<td><strong>CLASS EXCELLENCE</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10</td>
</tr>
<tr>
<td><strong>VOLLEY-BALL</strong></td>
<td></td>
</tr>
<tr>
<td>Class team</td>
<td>10</td>
</tr>
<tr>
<td>Executive officers of A. A.</td>
<td>30</td>
</tr>
<tr>
<td>Toast Mistress of H Y game</td>
<td>5</td>
</tr>
<tr>
<td>Cheer Leader</td>
<td>5</td>
</tr>
<tr>
<td>Chairman of committees</td>
<td>5</td>
</tr>
<tr>
<td>Athletic Board members</td>
<td>10</td>
</tr>
</tbody>
</table>

THOMAS A'KEMPIS CLUB

The A'Kempis Club was founded that those girls having in common the Catholic faith, might meet together for discussion of common problems. This club is a member of the Federation of College Catholic Clubs of the New England Province which group is composed of representatives of fourteen colleges.

The outside work of the club has consisted of sewing for charities such as the Red Cross and Children's Homes. The Faculty and Student Body are invited to all our meetings. Twice a year the Religious of the Cenicle Convent at Brighton welcome the members of the club to a week-end retreat.
We hope this entering class will find the A'Kempis Club a source of profit to them as students have in the past.

"And since the robins ask no praise,
Or pay, for all their songs of cheer,
We, too, in humbleness rejoice
To do our bit of service here."

YOUNG WOMEN'S CHRISTIAN ASSOCIATION

The Young Women's Christian Association, generally known as the Y. W., has been organized at F. N. S. to build students in Christian faith and character through comradeship with Jesus Christ. It tries to provide inspiration for greater things, and encourage leadership, as well as giving a spirit of friendliness and fellowship for everyone.

The program of this organization includes Vesper Services of Sunday evenings, meetings with speakers from other colleges and other cities, and discussion groups if the girls want them. With these meetings to stimulate growth of the girls along mental and spiritual lines we add a good proportion of hikes, recreational parties and “dress-up” parties. The number and kind of meetings and parties depends on the interest of the girls and the amount of time they can put into these extra curricula activities.

The organization has a Cabinet composed of the officers and chairmen of committees, which meets about once a week to plan and carry through the program. In order to give the entering girls a chance to take an active part in the running of the Y. W., the Sub-Cabinet, in charge of a Cabinet member, has been formed. It is composed of one girl from every new division, and the president sits on Cabinet.

Y. W. welcomes every girl to F. N. S. and to its membership. Y. W. is of the girls and for the girls; and sends its greeting to all girls.

THE GIRLS' FRIENDLY SOCIETY

The Girls' Friendly Society was founded in England in 1875, and established in America two years later. While the Society is under the jurisdiction of the Protestant Episcopal Church, and follows the organization of that church, it welcomes as members all girls of good character, with no restrictions whatever as to religious affiliations.

The objects of the Girls' Friendly Society are carried out by means of six Central Departments which are as follows:

Commendation, for the girl leaving home and friends.
Literature, for the studious girl.
Holiday Houses, for the girl in summer.
Missions, for every girl as her Christian privilege.
Candidates, for the little girl.
Social Service, for the girl at all times.

These various departments furnish work and play for everyone.
Lasting friendships have been formed, and we cordially welcome to membership in the Girls' Friendly Society those who wish to band themselves together for mutual service and helpfulness to others.

COMMUTERS' CLUB

The object of the Commuters' Club is to furnish a hot substantial lunch for the Commuters at noon. By means of it we hope to promote school spirit, develop club cooperation and establish a social standing for commuters in the future.

FRAMINGHAM MUSICAL CLUBS

The Musical Club is composed of a Glee Club, an Orchestra and a Mandolin Club.
We aim to allow all girls who are interested in music to join these clubs, which have one regular class period a week under the direction of Mr. Frederick W. Archibald.

The work of the clubs consists of providing extra music for the school. The orchestra plays for dances, the mandolin club entertains and the glee club sings at chapel, and in outside places such as the Woman's Club and the churches. Each year the clubs hold a joint concert with Salem Normal School Musical Clubs, giving an operetta or cantata as well as the chorus songs and orchestra numbers. The concerts are held alternately in Salem and Framingham. The Salem clubs entertained us in 1924.

For several years the clubs have held joint concerts with outside colleges such as M. A. C., Tufts or M. I. T. Along with this, the fact that Mr. Archibald is the leader, attracts more than can be accommodated as members.
LEND-A-HAND

Look up and not down,
Look forward and not back,
Look out and not in—
Lend-a-hand.

Even though we love our school and our school work, there are times when we long for a change of its routine. Our Lend-a-Hand Club affords us this change.

Our question box meetings broaden our outlook on life and help us to see perplexing things more clearly. Outside speakers once a month bring us news from the world and remind us that although each member is "only one" still the world needs all. Miss Perry brings us information of current events, happenings, new books and worthwhile plays.

May each member take from the Lighthouse a little gleam of light that she may keep shining in some dark corner of the world.

REGULATIONS

I GOVERNMENT OF HALLS AND HOUSES.

1. The government of the dormitories is to be primarily on a self-government basis with such organization as seems adequate, co-operating at all times with matrons and housemothers.

2. Study Hour. 7-9 P.M., Mon., Tues., Wed., Thurs.
   a. No inter-hall studying is allowed except with special permission.
   b. Students may study together or borrow books as necessary, with permission from matron.
   c. Study hour is to be kept quietly and not used for the meeting of clubs or other activities.
   d. Shampoos and baths are not to be taken in study hour.
   e. A permission to study in May Hall may be given by the principal or dean, or in their absence, by the matron in charge. Such permission is only granted when very necessary, and in all such cases, the room for study must be designated.
   f. Special permission for studying in the living-room after 10 o'clock will be given by the matron five times a term if necessary.

3. Recreation Period. 9 to 9:45 P.M. — Every night.
   a. All students are advised to take this time for relaxation and recreation.
   b. Students are not to pass through living-room in kimonas.
   c. Students are not to pass from hall to hall in kimonas, unless latter are covered with coats.

4. Preparation for Bed. 9:45 to 10.
   a. All visiting with each other should stop at 9:45, whether in rooms, corridors, or bath-rooms.
   b. Preparation for bed should proceed quietly, and by 10:00 every one should be in her room for the night.
   c. Lights are to be put out at 10 and immediately the house should be quiet.

5. Early Morning.
   a. House should be quiet until 6:30 on week days, and 7:00 on Sundays.
   b. Those students who rise early for study must not do so before 5:30.


   Pianos and victrolas are to be played at stated times as posted.

II SUNDAY.

1. Quiet hour is observed from 2-3 P.M.

2. Only quiet music suitable for the day is to be played on piano or victrola.

3. Girls returning from visits are requested to be in by 9:30.

III TELEPHONE.

1. Students are not to be called to telephone during study hours.

2. All calls should come through the booth 'phone, not the office phones, which are for business purposes.

IV GUESTS.

1. Girls desiring week-end guests may make arrangement for such with matrons.

2. Relatives may call on Sunday.

3. Gentlemen may call on Sunday after three and at other times by special permission.

4. No gentlemen are allowed in girls' rooms, or in corridors.
5. If meals are desired for guests, arrangements should be made as early as possible with the Head Matron. Tickets for guests at meals should be obtained from the office at Petrie Hall before the meals.

6. All matrons are anxious and glad to meet guests.

V Rooms.
1. Rooms are to be kept in order at all times, and ready for inspection.
2. Decorations must be hung from the moulding. No tacks or nails can be used, or posters pasted on the walls.
3. No electrical appliances are to be used, except curling irons, and those with special permission.
4. No explosives, alcohol lamps, sterno, or candles are to be used at any time.
5. Tin containers are advised for holding food.
6. Shades should be down when students are retiring, or when dressing in a place exposed to other halls or people.

VI Dining-Room
1. Seating is arranged by the Student Council.
2. Promptness and good order are expected.
3. At meals where the silent blessing is used, students should become quiet as soon as all girls have entered.
4. Reserving seats for others is not allowed.
5. Meals served as follows:

<table>
<thead>
<tr>
<th></th>
<th>B. L. D.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon., Tues., Wed., Thurs.</td>
<td>7:30 12:15 5:45</td>
</tr>
<tr>
<td>D. L.</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>7:30 12:15 5:45</td>
</tr>
<tr>
<td>Saturday</td>
<td>7:30 12:00 5:45</td>
</tr>
<tr>
<td>Sunday</td>
<td>8:00 1:15 5:45</td>
</tr>
</tbody>
</table>

VII Illness.
1. In case of illness, the matron or housemother in charge should be consulted at once, and she will communicate with school nurse if necessary.
2. If a tray is desired, some one interested may leave a slip for matron on the office desk. This must be done by 7:15 in morning, 11:15 at noon and 5 at night.
3. Dishes must be washed and returned before next meal.
4. Anything loaned from Utility Room must be returned as soon as possible.

5. Absence slips are required for absence from class. Such slips may be secured from matrons or nurse. It is necessary all such absences be reported to matron when they take place, and that she know the reason for same.

6. All girls are requested to see nurse during office hours, but may see her at other times in case of emergency.

7. It is necessary that all students co-operate with the doctor and nurse in times of sickness, and implicitly follow any advice given. Signs on door must be respected.

8. When a girl is sent home for illness, the parents will be notified if necessary.

VIII Permissions.
1. Always sign up when you leave the dormitory if you are to be gone over half an hour.
2. Special permission from principal or dean required for the following:
   a. Absence from dormitory during school week, for any day or night.
   b. Spending week-ends at other places than one's own home.
   c. Leaving campus on Friday nights.
   d. Studying in school building after 7 o'clock P.M.
   f. Horseback riding, if a written permission has been obtained from home.

3. Permissions are granted by matron for:
   a. Day trips on Saturday or Sunday.
   b. A trip to Framingham on Saturday or Sunday evenings after 7 o'clock.
   c. (Students in the village to spend Friday, Saturday or Sunday nights in the dormitories.
   d. Students in the dormitories to spend Friday, Saturday or Sunday nights in the village.)
   Notes: These permissions are only given occasionally, for special cases.

4. Inter-dormitory visiting is allowed on Friday nights, between 7 and 9 o'clock. This privilege is for those living in the four dormitories, not for the girls living in the village.

5. Only those should go canoeing who can swim, and whose written consent from parents is on file in the
8. No housekeepers, Spnr.los., Coraprer.Nrs. Solled a. Corrr.crox b.LECTION Department. Each student is laundry. Each laundry is allowed to laundry bag in Crocker Hall basement near laundry. b. Laundry will be open on Thursday P.M. for distribution. Only one slip for the next week is to be taken on Thursday, when laundry is returned.

5. Spreads.
Clean spreads and pads may be obtained from the housekeepers, Thursday mornings, between 8 and 9. Soiled spreads and pads must be brought for exchange.

6. Complaints.
Any suggestions or complaints must be taken to Peirce Hall office.

7. No laundry supplies are furnished by the school.
8. No clothes are to be left on lines over Sunday.

X As Framingham has always stood for the highest ideals students should know that smoking will not be tolerated.
XI All dormitory rules hold true for village girls.
XII The Students’ Activity Committee consists of Mr. Ried, Chairman; Mr. Archibald, Miss Kingman and Miss Joyce of the Training School Faculty. It is indeed hard to keep activities in line and have no conflict in dates of events. It is therefore necessary to find out the opinion of the Committee as to their attitude toward your particular event before going ahead with plans. Get Mr. Ried’s O. K. before going ahead. It helps all concerned and is good organization.

FACTS FOR FRESHMEN

CLOTHING.
1. Hats should be worn when girls are riding on the electric cars.
2. Knickers should be worn only when girls are on a hike.
3. Middle Blouses and Cooking uniforms are not to be worn to dinner.

MRS. HEMENWAY’S OFFICE.
1. Car tickets may be purchased at the office each day from 3-3:30 P.M.
2. Found articles should be taken to the office and owners may inquire for them there.

MISCELLANEOUS.
1. As only seniors have class rings, no underclassmen are allowed to wear them.
2. Practice School Faculty are invited to all social events.
3. Aid in cashing checks will be given in writing or by telephone, by any member of the faculty or matrons.
4. Chapel is held every morning, in the assembly hall at 9 o’clock. Music is played at 8:55. At this time, all should be quiet.

HARVARD AND YALE GAME
This big week-end comes at the time of the Harvard and Yale Football Game. On Friday of that week-end is the Mockman Dance. The most unusual men appear at this time! Perfect Arrow Collar types or sixteenth century men, — or
maybe beggars; whatever class he belongs to, he takes with him a sweet lady.

Saturday is the day of the basket-ball game. Each girl, chooses, when she enters F. N. S. to cheer for either Harvard or Yale. On this big day she goes in costume to the gymnasium to strongly support the players of her choice. This basketball game causes more excitement than any other one event of the year, and has the support of every loyal member of F. N. S.

ACQUAINTANCE PARTIES

The acquaintance parties, in general, take the form of Teas. During September and October, each organization gives in honor of the entering class a tea, a dance, or party to give the girls an opportunity to get well acquainted.

FRAMINGHAM

Framingham so dear,
We sing to you;
Right on our Normal hill;
We love you, yes we do (our Normal)
Long may we cherish thee,
Love and adore,
Sing praise and honor forever more.

OUR F. N. S.

Every young girl has a college
About which she loves to tell,
For 'tis there she forms ideals,—
And she learns life's lessons well.
Now the school we love to cheer for,
That doth rouse us with a will
Is our F. N. S. forever,
Dear old School on normal hill
Let us cheer dear Alma Mater,
Let us sing her praises too,
May the spirit roused within us
Stronger grow our whole life through.
With a love that's never failing,
May our loy'ly ne'er grow less,
Give a cheer, girls, all together,
For our glorious F. N. S.