Alumni Magazine Spring 2013

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Healthy Career Opportunities

**Food & Nutrition** Emerges as 21st-Century Super Major

**WINTER COMMENCEMENT**
Hundreds gather to honor the achievement

**50TH ANNIVERSARY OF CHILD DEVELOPMENT LAB**
Officials rededicate the Jeanne M. Canelli Child Development Lab

**PRESIDENT’S REPORT**
Highlights of the University’s progress during fiscal year 2012
Healthy Career Opportunities

An important part of our mission at Framingham State University is preparing a highly educated workforce to boost the Massachusetts economy. We seek to prepare our students for success in important fields that are growing. As the economy evolves and new opportunities for employment develop, our academic programs and offerings also evolve to meet the need.

No program demonstrates this process better than our Food and Nutrition major. Born out of our Home Economics program, and the Household Arts Program before it, Food and Nutrition has become a science-intensive major that opens a world of professional opportunities for our students. Initially designed as a program for nutritionists seeking to work in hospitals and other clinical settings, the employment opportunities for registered dietitians and nutritionists have grown as people have come to understand the correlation between a healthy lifestyle and a long and happy life. This has led to substantial growth in the number of Food and Nutrition majors on campus. In fact, last fall the program welcomed its largest incoming class since its inception.

Today, Framingham State's Food and Nutrition alumni play major roles in a variety of industries, from the traditional clinical setting to nonprofit agencies such as Project Bread and the Greater Boston Food Bank and commercial food companies and restaurants such as Kashi and Legal Sea Foods.

Inside this issue of FSU Magazine, you will hear from current students who are putting their classroom knowledge to practice while interning at local hospitals, schools and community centers. You will learn about the diverse career paths our Food and Nutrition alumni have taken, and you will discover how the John C. Stalker Institute of Food and Nutrition is shaping school nutrition policy and standards across the Commonwealth. These stories demonstrate how a long-standing Framingham State academic program has evolved to meet the needs of the Commonwealth in the 21st century.

Best wishes,

Timothy J. Flanagan, PhD
President
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For content available online visit www.framingham.edu
Once confined to hospitals and other clinical settings, Food and Nutrition graduates are now out there in the world in a wide variety of careers.

Healthy Career Opportunities

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<td>Director of Food and Nutrition Services, Boston Public Schools</td>
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What do U.S. service personnel in Afghanistan, kids at the Boys & Girls Club in Chelsea, and 58,000 Boston Public Schools students have in common? They’ve all been touched by the Framingham State University Food and Nutrition Program.

“As healthcare changes, so does where we ‘do’ nutrition,” says Janet Schwartz, chair of the Department of Consumer Science. Recognizing this new reality, the Food and Nutrition Program prepares students to work in three diverse settings: clinical, community and food service.

“In addition to hospitals, clinical includes elder care, dietitians in private practice and diabetes educators,” Schwartz explains. Community settings involve nonprofit organizations, such as Project Bread and Oxfam, and government programs like Women, Infants and Children (WIC). Opportunity also abounds in the commercial side of the business, with FSU graduates at food companies like Kashi and Unilever. In addition, Food and Nutrition can be a powerful combination degree for those in culinary fields or exercise physiology. “One of our graduates (Bryan Roof ’06), who also had a culinary degree, is now senior editor at Cook’s Country magazine,” she notes.

Actual positions held by FSU Food and Nutrition alumni
“Something as basic as food makes a huge difference in soldiers’ lives and their morale in the field.”

A Few Good Nutritionists

Jill (St. Marie) Bates ’03 is one of 25 FSU Food and Nutrition graduates working at the Natick Soldier Systems Center. A food technologist, Bates is on a team in charge of the sensory evaluation laboratory where “we evaluate all of the ration products to ensure they’re of the highest quality,” she explains. “Something as basic as food makes a huge difference in soldiers’ lives and in their morale in the field. We’re always testing different things, purchasing new products and putting them through the test.”

Rations, she explains, have to be shelf stable for three years at 80 degrees Fahrenheit. Meals are one thing, but there are also morale-boosting treats. Some commercially wrapped candies, like M&Ms and Skittles, are fine as is. Others, like Pop Tarts and pretzels, need to be in special laminate films to pass inspection.

“We’ve just figured out how to package condiments like ketchup, mustard and hot sauce in a special new high-acid packaging so they’ll stay shelf stable,” Bates notes.

On the lower-tech side, Stephanie Zafiropoulos ’13 is interning at the Greater Boston Food Bank. “I create handouts for the Brown Bag Lunch Program, run through senior centers and school-based food pantries, which highlight different nutritional aspects of the lunch,” she says. “Typically, they are related to a specific theme. October was Breast Cancer Awareness Month, so we featured high-antioxidant foods.”

But the favorite part of her internship is the monthly Kids Café she teaches at the Boys & Girls Club in Chelsea. “They get so excited, especially when we do demonstrations,” she says. Last month, Zafiropoulos taught the group how to make smoothies, using healthy ingredients like fresh fruit and plain Greek yogurt. “It’s rewarding to work with the kids, particularly when I can get them to try something new,” she says.

This internship has also exposed Zafiropoulos to a new field: community nutrition—one she hadn’t considered before. “I’m really enjoying it. This has opened up a lot of possibilities for me,” she says.

In Boston, Michael Peck ’96 is tackling kids’ nutrition on a broader level: as director of food and nutrition services for the Boston Public Schools. Peck has spent the majority of his career in school food service, something he never imagined when he enrolled at Framingham State. An internship in the Brookline Public Schools, arranged with the help of one of his professors, introduced Peck to school food service—and he was hooked.

“In schools, you’re at the front end, trying to help establish good patterns and access to better foods. It’s incredibly satisfying,” he says.
Ever-Expanding Opportunities

As the settings for nutrition expand, so do the job prospects. Dr. Patricia Luoto, executive director of the John C. Stalker Institute (JSI) of Food and Nutrition and a faculty member, traces increased opportunities to the nation’s growing interest in food and nutrition. “Part of it is the overweight and obesity epidemic, and part of it is the First Lady’s focus on kids’ nutrition,” she says, noting Michelle Obama’s Let’s Move Initiative. “There’s also greater awareness of the role nutrition plays in health and wellness, as well as its role in chronic disease management.”

This greater awareness has led to a bumper crop of majors: Last fall, the Food and Nutrition Program accepted its largest incoming class ever—100 students—bringing the total to 250 majors. Students come to Framingham State because “our reputation is at the top,” says Dr. Luoto.

“I feel like the opportunities are endless, because you have all these skills.”

Leora L’Heureux ’13 came to appreciate that national reputation when she attended the Food & Nutrition Conference & Expo (FNCE), sponsored by the Academy of Nutrition and Dietetics, in Philadelphia last fall. “Everyone there knew about Framingham State,” she says. At an alumni reception, she found there was “immediate bonding because alumni know you went through the same rigorous training they had, so they automatically hold you to a higher standard.”

Now interning at New England Rehabilitation Hospital in Woburn, L’Heureux will switch to food service in the Dedham Public Schools next semester. “Internships are great because you can see what direction you want to take,” she says. Right now, L’Heureux thinks that she’ll pursue a clinical setting, at least right out of school.

That’s what Jill Bates did. Following graduation, she worked at Lawrence General Hospital as a dietitian. After a few years, she was ready for a change. “A friend who worked at the Natick Army Labs told me about an opportunity there,” she says. “Nutrition is a really diverse field. I feel like the opportunities are endless, because you have all these skills. And the strength of Framingham State University’s program is widely known.”
Tradition Runs Deep

Karen McGrail, director of the John C. Stalker Institute, calls FSU’s Food and Nutrition Program “the premier program in New England.” And because it’s at a state university, “students are getting an incredibly high-quality experience with a phenomenal cost-benefit ratio. But that’s not at the expense of personal attention: Faculty members are very vested in each student’s success. Students get a lot of individual attention.”

McGrail, also an adjunct instructor in the program, speaks from experience. She holds both bachelor’s and master’s degrees in nutrition from FSU. Prior to 1999, she worked in pediatric and neonatal nutrition at Massachusetts General Hospital and MetroWest Medical Center, and then in private practice in a pediatrician’s office consulting on nutrition issues.

“The foundation for my career has been my Framingham State degree,” she says. “I couldn’t have done all the things I have without it.” Today’s students have the advantage of a robust internship program, which McGrail calls “amazing opportunities to prepare students for future jobs.”

As forward facing as the program is, Schwartz points out that it’s also firmly rooted in Framingham State history. “Framingham State has always been strong in nutrition. Years ago, it was based in home economics. Now, there’s much more science and technology. But fundamentally, we believe that students still have to know how to prepare food and how much it costs. We haven’t lost those very basic values. We want students to learn that, as well as how to write grants and create their own businesses.”

“In other words,” concludes McGrail, “with this degree, the sky’s the limit.”

Reaching Out

As a state university, FSU takes its public mission seriously. In the Food and Nutrition Program, that mission is lived through the John C. Stalker Institute (JSI) of Food and Nutrition, a resource for professionals responsible for the nutritional health of Massachusetts schoolchildren.

In 2013, the JSI, funded by the Massachusetts Department of Elementary and Secondary Education, celebrates 25 years of providing programs and training to school nutrition directors, managers and line staff at systems throughout the Bay State.

“Massachusetts is unique in that it has this resource—there’s nothing else like it at the state level anywhere in the country,” says JSI Director Karen McGrail. “Because it’s housed at Framingham State University, it’s the best of both worlds. It means JSI can work collaboratively with students in courses and on graduate assistantships, and can be a resource for projects. It’s also great that the people who take part in Stalker Institute programs see that connection. Many of them then decide to come to Framingham State University for their degrees.”

The Food and Nutrition Program is planning a gathering on Saturday, May 4, to give alumni a chance to reconnect and to celebrate the 25th anniversary of JSI.

Visit the University’s website at www.framingham.edu for emerging details.
Ashley (Hall) Krebs ’09
Senior Manager, Child Nutrition Outreach Program

PROJECT BREAD

Ashley Krebs says one of the best aspects of Framingham State’s Coordinated Program in Dietetics is that it exposes students to several different areas of nutrition. That helped her realize that she has a passion for community nutrition.

Krebs is the senior manager of the Child Nutrition Outreach Program. The program is run through a partnership between Project Bread, a nonprofit hunger-relief organization, and the Massachusetts Department of Elementary and Secondary Education. Krebs works with targeted communities in central and western Massachusetts in an effort to increase school breakfast participation and to promote the Summer Food Service Program.

“The work is really rewarding, and it allows me to have an administrative role, while also maintaining a direct connection to the community,” she says. “I have my feet in both worlds.”

Krebs has strong ties to Framingham State. For one thing, it’s her mother’s alma mater. Maria Hall ’94 is the current director of school nutrition for Walpole Public Schools. FSU is also where Krebs met her husband, Brandon Krebs ’09, a fellow Food and Nutrition graduate. “I loved my time at Framingham State,” she says. “I got a great education and made some incredible friendships.”

Bryan Roof ’06
Chef, Dietitian and Food Writer

AMERICA’S TEST KITCHEN

Bryan Roof wears many hats in his professional career. The chef, dietitian, food writer and editor works at America’s Test Kitchen in Brookline, where he develops delicious recipes for the “at home” cook. The recipes are compiled in two publications—Cook’s Illustrated and Cook’s Country.

“I work with a team of six test cooks,” says Roof, who is senior editor of Cook’s Country. “We develop a lineup of what we are going to make for the whole year and then attack it issue by issue. Each dish is critiqued, and I will edit the recipes prior to publication.”

In addition to the two magazines, America’s Test Kitchen offers cookbooks and online cooking courses and also creates programming for PBS. “It’s a perfect job for me,” Roof says. “I have a family, so I don’t want to be stuck in a restaurant kitchen all night long. It’s opened a lot of great opportunities. I’m on television doing segments for PBS, which is a dream situation for any chef.”

Roof spent five years as a professional chef prior to coming to Framingham State to be trained as a registered dietitian. “Framingham was appealing because the tuition is affordable, the campus is small, and the professors have impressive backgrounds,” Roof says. “It’s a great value.”

Maryann Sterin ’80
Physician Liaison

NEMOURS/ALFRED I. DUPTON HOSPITAL FOR CHILDREN

Maryann Sterin knows firsthand the wide variety of different career paths one can take with a Food and Nutrition background.

After graduating from Framingham State in 1980, she began her career as a clinical dietitian for the food-service company Seiler Corporation. Shortly after that, Sterin joined Ross Laboratories (now Abbott Laboratories) as a medical nutritional representative in Boston, selling the adult liquid nutritional line of Ensure products. She also has held jobs as an online chef for LA Weight Loss and as a referral specialist for Remuda Ranch, a hospital for people with eating disorders.

Today, Sterin is a physician liaison for Nemours/Alfred I. duPont Hospital for Children in Delaware. In this role, she meets with community pediatricians to provide them with information on the hospital for patient referrals. “Being a registered dietitian adds a lot of value, because I am very familiar with any clinical setting,” Sterin says. “It lends a lot of credibility when I walk into an office and talk with them about what we are doing at the hospital.”

Sterin says that she was first introduced to nutrition when she took it as an elective at North Quincy High School. Her teacher, FSU alumna Maureen Sterin, encouraged her to attend the University.

Stephen Martinello ’79
Senior Quality Manager

EDESA GLOBAL NUTRITION SOLUTIONS

If it isn’t fresh, it isn’t getting past Stephen Martinello. The Food and Nutrition major is also a registered environmental health specialist and a registered sanitarian.

Martinello developed the food safety and public health programs for Legal Sea Foods back when the restaurant chain was just starting to expand. “They had five restaurants and a small processing plant,” Martinello says. “I built them a microbiology lab and started testing the products they were making and instituting food safety plans, hazard analysis and critical controls.”

While working as the director of Quality Control for Legal Sea Foods, Martinello helped the U.S. Food and Drug Administration shape the seafood-processing regulations that went into effect in 1997.

Today, Martinello is senior quality manager for Edesia Global Nutrition Solutions, a nonprofit producer of ready-to-use foods that are sent to malnourished children and their families throughout the developing world. He also oversaw the creation of the organization’s state-of-the-art quality control system.

“The product is going to children suffering from severe malnutrition, so it has to be absolutely pristine,” he says. “We have one of the highest-quality management systems in the world. I’m able to do food safety programs here that I wasn’t able to do anywhere else.”
Sarah Coughlin is enrolled in the University’s Coordinated Program in Dietetics. She is a member of FSU’s Honors Program, an SGA senator, a member of the Dance Team and the vice president of the local Beta Pi chapter of Phi Upsilon Omicron, the National Honor Society in Family and Consumer Sciences.

A Coordinated Effort

What attracted you to Framingham State’s Coordinated Program in Dietetics?

Initially, I wanted to work in a hospital, but I didn’t want to become a nurse. I’ve always loved food, particularly the health aspect, so I picked the Coordinated Program in Dietetics at Framingham State. The program allows you to take the academic courses needed to become a registered dietitian along with the supervised practice experience. That way, you are fully prepared for the national registration exam. I was surprised to learn about all the different career opportunities that are out there for dietitians.

What practical experiences have you taken part in so far?

I had the opportunity to work at Norwood Hospital in the kitchens and with the dietitians. The best part was seeing the patients because you get to meet such a variety of people. Some are willing to listen to you, but others not so much. I’ve also had the chance to work at Marlboro Hospital, meeting with patients who were sent there at the recommendation of their doctors. Usually, they have warning signs such as high cholesterol or high blood pressure. The dietitian will go over their height and weight and review what they eat in a typical day. I also spent time at Dedham High School getting a feel for the food service operation and everything that goes into ordering and preparing the food.

What would you like to do following graduation?

Originally, I was set on working at a hospital, but now I’m keeping my options open. Next year, I will have the opportunity to spend seven weeks working at a community nutrition facility. I’m really looking forward to that. What I love about the program is that I have the opportunity to work in a lot of different settings, so I can figure out which jobs are the best fit for me. It’s opened up so many possibilities.

Have you enjoyed your time at FSU?

I’ve loved my time at Framingham State, where I’ve made so many close friendships. Being part of the Honors Program has been great because it helped me to meet people right away. I lived on the Honors Floor in Towers Hall my freshman year, and I’m still friends with a lot of people who I met through that connection. It’s also easy to get involved in the FSU community because there are so many different clubs and organizations.
How has the Food and Nutrition Program changed since you arrived at FSU?
The three areas of study have remained the same—Nutrition Science and Clinical Nutrition, Community Nutrition, and Foodservice Systems and Management—but the curriculum has changed. Each area has become more specialized. The competencies required for students to become dietitians have increased significantly, as has the use of technology. In terms of career opportunities for our graduates, a lot has changed as well. When I first came to Framingham State, most students were interested in becoming clinical dietitians working in a hospital. We still see that as a primary interest, but now we’re seeing students interested in other areas, such as school nutrition and community nutrition. Many students have a desire to use their degree to give back to the community, which has led to community nutrition becoming a big area of interest.

What impact has the Stalker Institute had on nutrition in Massachusetts, and what’s in store for the future of the institute?
The work done through the Stalker Institute is really the highlight of my career. If you think about where it started to where it is today, the scope has broadened so much. Initially, it served as a resource solely for school nutrition professionals. Today, the institute provides year-round programming, including workshops, courses, conferences and certificate programs designed to support the Commonwealth’s school and child nutrition professionals, including teachers. The institute has played a critical role in integrating nutrition education and wellness using a coordinated school health approach. Moving forward, I expect the scope of the institute to expand even further. We were recently approached by the National Food Service Management Institute about setting up a regional training center for the entire New England area that would be coordinated through the John Stalker Institute.

What will you miss most about FSU, and what are your plans for the future?
Without question, I will miss the people the most. The faculty here not only are my colleagues, but also are my friends. I will also miss being involved with the students every day. I still intend to teach online courses in the graduate program, but that’s not the same as having day-to-day contact with them. One thing I won’t miss is grading papers on a regular basis. It will be nice to have a little more free time to spend with my grandchildren and travel.
Honoring the Achievement

Winter Commencement 2013

484 Graduates Join the FSU Alumni Association

Hundreds of students, families, faculty and staff gathered in Dwight Hall on February 2 to celebrate Framingham State University’s Winter Commencement 2013 during two ceremonies.

Undergraduate Commencement Speaker, Dr. Nicholas Racheotes, a professor of history at Framingham State, urged students to remain curious as they move into the next phase of their lives. “This is our greatest gift to you,” Racheotes said. “It demands that you use all your senses. That you discover talents you never knew you had.”

Dr. Richard M. Freeland, the Massachusetts Commissioner of Higher Education, served as the commencement speaker for the graduate ceremony and told the graduates that earning their master’s degree was about embracing an ideal. “Today, we need the kind of leaders and thinkers and professionals that this University seeks to produce,” Freeland said. “That means we need you.”
HARD WORK REWARDED
The graduate students have a lot to celebrate after receiving their master’s degrees.

WORDS OF WISDOM
Dr. Nicholas Racheotes, undergraduate commencement speaker, addresses the Class of 2013.

PROUD PARENTS
The graduates celebrate with their families following the ceremony.

THE HOODING
Dr. Ellen Zimmerman, vice president of Academic Affairs, assists the graduate program coordinators and advisors with the hooding of each master’s degree recipient.

236 MASTER’S DEGREES CONFERRED

248 BACHELOR’S DEGREES CONFERRED

69 LATIN HONORS STUDENTS

ON THEIR WAY
Many smiling faces were photographed following the ceremony.

2013

Framingham State University
University Opens New Community Education Center

by KATHLEEN MCDONOUGH ‘13

Framingham State sophomore Thierry Aka ’15 came to the United States unable to speak a word of English and uncertain about how he was going to succeed here. Knowing he wouldn’t make it far without being able to speak English, the Ivory Coast native enrolled in FSU’s English as a Second Language course offered through the University’s Community Education Program.

After a year in the course, Aka fully enrolled at Framingham State as an undergraduate economics major. Aka shared his success story during a ribbon-cutting ceremony to celebrate the opening of Framingham State’s new Community Education Center in the historic Jonathan Maynard Building, across from the University on Route 9. The center will house a variety of professional development and workshop opportunities for the community, in addition to the University’s four English language programs.

Aka, who is now treasurer of the student Culture Club at FSU, says he hopes to use his degree to help fight poverty in his native Africa. He and all the other international students at FSU are grateful to the teachers and peers who are helping them to achieve success. “If you are helping us, you are helping our countries. By helping me, you are helping Africa.”

Jeanne M. Canelli Child Development Lab Celebrates 50th Anniversary

No matter how much you learn in the classroom, in any profession there is no substitute for on-site, practical experience. In the case of aspiring teachers, this means working in a classroom where young children get firsthand opportunities to read, write, listen, solve problems and play.

“We get to observe them teaching in the field, putting theory and new knowledge into practice.”

For 50 years, Framingham State Early Childhood Education students have had the opportunity to teach and observe young children here on campus. “The Jeanne M. Canelli Child Development Lab is a learning environment in which children from the area come and spend their morning or afternoon,” says Professor Emerita Dr. Cathleen Buydoso, a member of the Education Department at FSU for 30 years. “Students observe and interact with children, create lessons and write a case study after following the growth and development of one child during the 16-week semester.

All of this is done under the supervision of the lab director and teachers.”

Dr. Buydoso was among those honored in March during a rededication of the lab to celebrate its 50th anniversary. The lab is named in memory of former FSU Professor Dr. Jeanne M. Canelli ’70, who was director for 18 years and passed away in 2006. “Dr. Canelli was so active in early childhood organizations and issues throughout the state,” says Valerie Hytholt ’07, the current director of the lab. “I still run into people all the time who sorely miss her.”

Child Development Lab Instructor Joni Theodoss ’07 says she and Hytholt continually discuss Dr. Canelli today, and keep her guidance and instruction in mind as they plan lessons for the children and work with current students. “Working with Dr. Canelli was a great experience, because she had so much knowledge and expertise and was just so genuine with the kids,” Theodoss says.
An Invaluable Experience

Many Early Education alumni credit their time in the Child Development Lab with helping to shape their teaching style and approach. FSU alumna Jennifer Chirco ‘10 says she still draws upon her experience in the lab now that she has her own kindergarten classroom at McCarthy Elementary School in Framingham.

“I learned so much from Valerie, watching her model lessons and work with the children,” says Chirco, who is pursuing her master’s degree at FSU. “I also helped out on the Parent Advisory Board and learned a lot from her in terms of working with parents.”

Education Chair Dr. Kelly Kolodny says the lab is an integral part of the department because it allows students to work directly with children while being observed by an instructor. “The importance of family connections also is recognized,” Dr. Kolodny says. “Events such as art shows, literacy programs and movie nights are coordinated, which bring together preschool children, families, early childhood students and faculty.”

Students get their first experience in the lab as part of Education 320—The Young Child and Emerging Literacy—previously taught by Dr. Buydoso and now taught by Dr. Marlene Correia. Students meet three days a week in class sessions and do a half-day a week in the lab as their field placement.

“One of the unique aspects of our program is that students are all working in the same class with the same children right on campus,” Dr. Correia says. “We get to observe them teaching in the field, putting theory and new knowledge into practice. Then we can come back together as a class, and we have a common set of children and a common set of instructional practices we can talk about.”

Gabriella Silvagni ’14 has worked in the Child Development Lab for the past year and says she’s amazed at how much the children absorb at such a young age. She has enjoyed working directly with the children and observing how other teachers work with them. “I’d love to work in a pre-school or kindergarten class after graduation, so this experience has been perfect for me,” she says.

“Working with Dr. Canelli was a great experience because she had so much knowledge and expertise, and was just so genuine with the kids.”

Junior Kayla Simpson ’14 says her experience working alongside other teachers in the lab has been huge in preparing her for a classroom of her own one day. “The main thing I learned is how to be quick on my feet and how to change plans if needed,” says Simpson.

While the lab is steeped in 50 years of tradition, it’s constantly adopting new teaching practices and technology to remain at the forefront of early childhood education. “The best part of the lab is that it’s never static,” says Hytholt. “It continues to provide innovative and outstanding preschool experiences to make a difference in the lives of our children and families, and carries on as an excellent preschool program for our students to start their early childhood teaching careers.”

Business Student Launches Tech Website

Bursting with an entrepreneurial spirit and anxious to start his own company, Framingham State senior Alex Brayman recently launched UpRating.com, a technology website he hopes to develop into a business.

Brayman, a business major at FSU, co-founded the site with his friend, Jeffrey Blackler, who has a background in computer engineering technology. At the moment, the site primarily serves as a blog where Brayman posts information on some of the latest technology products and trends. Sometime next year, he plans to launch the full site, which will serve as a convenient technology search engine.

“Say you want to search for the fastest computer processor,” Brayman explains. “If you search on Google, you are going to run into a bunch of news articles and advertisements, and you will have to do all sorts of research to get the answer to your question. On our site, we’ve done the research for you. So when you perform a search for the fastest processor, you will get a list of processors in descending order by speed.”

Brayman says that in addition to listing information about products, they will have price comparisons for purchasing online or in stores. He and Blackler are realistic about the chances of the site developing into a viable business.

“We believe in the idea,” Brayman says. “But even if it’s not successful, figuring out how to build a functional website that looks nice is a great learning experience.”

Brayman plans to pursue his MBA at Framingham State following graduation in the spring. He envisions himself either owning a company or working in upper management at a large corporation in the future.
Karen White Teaches Community How to Eat Healthy

Framingham State Food and Nutrition Instructor Karen White ’92, ’98G has been sharing her tips for delicious and nutritious cooking on her popular cable access show, Healthy Bites.

“I want people to realize that food can be healthy and delicious,” White says.

The show is produced at Westborough Community Access Television and has been picked up by cable access channels in nine other states, including California. White, a registered dietitian, says she was inspired to create the show while watching culinary legend Julia Child.

“I noticed that she wasn’t afraid to make mistakes when she was cooking, and I realized you don’t have to be perfect in the culinary world to have a cooking show,” White says. “I’m not a culinary expert, but I do have a lot to share with people in terms of eating healthy.”

White tapes one show each month and has produced about 21 shows since she started. In the fall, she taped a show on cooking with pumpkin, during which she created a healthy pumpkin black bean soup and pumpkin quesadillas. In December, she made seven holiday recipes that people can enjoy without packing on the pounds. During each 30-minute episode, White discusses the health benefits of the foods she is using, in addition to instructing people on how to create the dish.

“Every recipe has to be easy and it has to be healthy,” White says. “I want people to watch my show and think, ‘I can do that.’”

“I’m not a culinary expert, but I do have a lot to share with people in terms of eating healthy.”

White, who has taught Food and Nutrition courses at FSU since 2006, has incorporated the show into her senior-level Experience in Community Nutrition class. Each student is required to tape a five-minute segment for the show in which they create a healthy dish. The television station has come out to campus to tape the students in the University’s food labs.

“It’s worked out great,” White says. “The students have really enjoyed being involved with the show.”

Watch episodes of Healthy Bites online at www.westboroughtv.org/healthy_bites.html.
Welcome, New Faculty

FSU welcomes a diverse group of highly qualified faculty to the campus community.

**TENURE TRACK**

**Dr. Lori Bihler**  
*History & Education Departments*  
BA State University of New York at Binghamton  
MEd, PhD University of Sussex, UK

**Dr. Bartholomew Brinkman**  
*English Department*  
BA University of Utah  
MA Johns Hopkins University  
MA, PhD University of Illinois at Urbana-Champaign

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*Art & Music Department*  
BFA Carnegie Mellon University  
MFA Rhode Island School of Design

**Dr. Juliana Luna Freire**  
*Modern Languages Department*  
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MA, PhD University of Arizona

**Dr. Jesse Marcum**  
*Chemistry & Food Science Department*  
BS University of New Hampshire  
PhD University of Colorado

**Dr. Lawrence McKenna**  
*Physics & Earth Sciences Department*  
BS, PhD Massachusetts Institute of Technology

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*Nursing Department*  
BS Rutgers University  
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**Dr. Nicole Rossi**  
*Psychology & Philosophy Department*  
BA Mount Holyoke College  
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**Dr. Shelli Waetzig**  
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**Dr. Chunsheng Yang**  
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**Dr. Joseph Adelman**  
*History Department*  
BA Harvard University  
MA, PhD Johns Hopkins University

**Professor Kathleen Browne**  
*Chemistry & Food Science Department*  
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MA Worcester Polytechnic Institute

**Dr. Patrick Gordon**  
*Chemistry & Food Science Department*  
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**Dr. May Hara**  
*Education Department*  
BA Cornell University  
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**Dr. Ann Johnson**  
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*Political Science Department*  
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Thank You

FISCAL YEAR 2012 HONOR ROLL of GIVING

Framingham State is reaching new heights as a comprehensive public university committed to academic excellence. This is due in large part to a loyal and active group of alumni, friends, parents and corporate partners who are dedicated to supporting our current and future students. With your help, the University continues to distinguish itself as a leader in public higher education in Massachusetts.

Fiscal Year 2012 encompassed the period from July 1, 2011 through June 30, 2012

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Elinor Zeib ’61

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<tr>
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<td>Maureen (O'Brien) Fessenden</td>
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<tr>
<td>2054</td>
<td>Eileen (Sheehan) Beauneus</td>
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<td>2055</td>
<td>Anne (Clancy) Botsch</td>
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<td>2056</td>
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<td>2057</td>
<td>Carol (Brandli) Cavanaugh</td>
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<td>2058</td>
<td>Elinor (Healy) Dare</td>
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<td>2059</td>
<td>Joan (Kenney) Donovan</td>
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<td>2060</td>
<td>William (Sytsma)</td>
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<td>2061</td>
<td>Patricia (Nolan) Spiritino</td>
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<td>Patricia (Atkinson) Sullivan</td>
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<td>2063</td>
<td>Jane (Volpe) Thomas</td>
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<td>2064</td>
<td>Diane (Berner) Whitehouse</td>
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<td>2065</td>
<td>Rita (Lynch) Wood</td>
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<td>2066</td>
<td>Barbara (Hobin) Ziehlinski</td>
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<td>2067</td>
<td>Nancy (Tracy) Fitzgerald</td>
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<tr>
<td>2068</td>
<td>Alice (Dowling) Griffin</td>
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1975
Linda (Thompson) Agostinelli
Paul Baudner
Diane Browne
Patricia Caldwell
Victoria (DiRenzo) Canner
Linda (Simonielli) Carr
Patricia Condon
Timothy Corney
Linda (Johnson) Daley
Doris Dermanosian
Ruth Fay
Mary (Macklin) Ferguson
Patricia (Bray) Fryatt
Ellen (Weinstein) Funk
Joyce (Donahue) Gianfisile
Elizabeth Gibbons
John Graham
Janet (Weinheimer) Gulezian
Marcia (Fisher) Harrington
Diane (West) Jackson
Dennis Willis
Deborah (Kane) Tomell
Carole (Thomas) Todisco
Janice (Tripp) Steljes
Mary Taft
Carole (Thomas) Todisco
Deborah (Kane) Tomell
Margaret Turco
Dennis Willis

1976
Janice Acquafresca
Lisa Backman
Anne (Czarnetzki) Balzarini
Rachel (Giagazzi) Bartlett
Paula Bartosiak
Virginia (Bartlett) Conway
Fred Daley
Karen (Gogielmo) Drummond
Linda Feldman
Linda Feldman
Avra (Portman) Grimson
Reverend Hamilton
Stephen Herring
Barbara (Barron) Kalijian
Laurie Lynch
Faith Madzar
Joanne (Lamacchia) McCarter
Barbara McCorkindale
Deborah McCullin
Jean Moroney
Donna Paruti
Diane (Congdon) Pecchowski
Richard Policella
Margret (Toled) Richard
Mildred Riley
Rita Schmid
Lee (Cormay) Smith
Elin Soderholm
Karen Taylor
Umberto Tosti
Marjorie (Fletcher) Touzjian
Mercedes Tyler
Lauren Underhill
Lora Warren
Karen (Paulino) Baer
Ann (Edwards) Burchill
Paul Carchedi
Patricia (Ferreri) Coan
Kathleen (Nunas) Danca
Helen (Crowley) Evers
Janice (Weiner) Fellner
Catherine (Magee) Flaherty
Jean (Kelli) Fortier
Deborah (Rosenberg) Gamari
Joanne Gray
Donna (Mazanjan) Griswold
Margaret (Brodue) Guardiani
Mark Haranas
Jane (Edgington) Higgins
Joan (Czarnowski) Hill
Mary-Arn Hornbaker
Peter Ianuzzo
Susan Larracey
William Lennon
Elaine (Ryan) Lovett
Deborah (Gallagher) McIntosh
Deborah Moriarity
David Morrisette
Karen Navaroli
Annette (Martineau) O’Brien
Janet Page
Donna Parandes O’Neil
Anthony Patti
James Redlearn
Anne (MacPhee) Rogers
Joseph Sano
Nancy Sullivan
Peter Tokarz
Robin Welch
Anita Zollo

1977
Denis Goneau
Nancy Hall
William Higgins
Clare (O’Connor) Hurley
Domenic Jannetti
Rosemary Kaupp
Michael Keohane
Kathryn Kidd
Donna (Carneiro) Korbel
Elaine Lang
Mary McGah
Walter Mills
Eileen (Tosney) Mills
Nancy (Buzzell) Murphy
Kathleen Nawn
James Pidacks
Thomas Sartori
Melinda (Shippee) Shebell
Janet (Vartanian) Sheffield
Monica Skerry
Kyriski Stefano
Regina Stoker
Maureen Tivnan
Mary Toney
Caryl Walsh
Henry Walsh
Constance (Anderson) Alexander
John Andreola
Vicky Benedek
Mary (Sheedy) Benoit
Jeanne Buccigross
Candace Combe
Catherine Crohan
Denise (Hardy) Daignault
Hope Damon
Timothy Danaby
Cheryl Deemeo
Patricia Doherty
Beatrice Goudey
Lee Hofstein
Donna (Pelletier) Jarvis
Neil Kelley
Paula (Cardiff) Leporati
Julie-Ann (Marston) Lombardi
Kevin Maines
Jeanne Mbagwu
Diane O’Shaughnessy
Elizabeth (Small) Palladino
Joseph Pavone
Virginia Petronio
Elizabeth (Shehan) Pompred
Elizabeth Quigley
Claire Ramsbottom
Janice (Call) Rosado
Cynthia Sarapas
Dianne Sarrat
Donald Schwartz
Gary Shultz
Joanne (Wright) Simmons
Jean Simpson
Gerard Supple
Holly Veum
Cynthia (Hubley) Galuska
Christine (Kennally) Weithman
Judith White-Orlando
William Wuggin

1980
Beth (Medeiros) Bell
Cindy (Ockerby) Blowers
Martha (Gallant) Crimmins
Ronald Cryan
Virginia Cummings
Rebecca (Lindberg) Dubowik
Michael Fabbri
Robert German
Linnea Hallberg
Randy Jacques
Gregory Livingstone
Kathryn Lacey
Michelle Lucier
Anthony McCook
Bruce McNulty
Joan Metcalfe
Karen Murtagh
Diana Nunnaley
Daniel O’Brien
Robert Pulster
Deborah Sadzwicz
Patricia Thomas
Wayne Twombly

1981
Linda Annino
Diane Armstrong
Carol Burns
Daniel Ciuolo
Deborah (Weathers) Desmond
Rosemarie (Bolduc) Doolin
Anne Durot
Corinne Epstein
Erminia Errico
Susan Flaherty
Cindy Gertsen
Marianne (Lareau) Gesner
Diane (Doody) Granger
Mary (Regan) Larkin
Jo Anne (Horlick) Lemenger
Desmond McCarthy
John McGinnis
Mary Ellen Rivot
Nancy Sitta
Mark Sorenson
Suzanne Stalter
Kevin Maines
Mary (Walsh) Bagley
Nancy (Wolkovich) Atchue
Victoria Tang
Carolyn Toohey
Joanna Zanchi

1982
Joan Cannon
Paul DelVecchio
Eileen (Francis) DesRosiers
Ernest Fleming
Barbara Gardner
Victoria Harding
Maureen (Kelly) Hird
Lianne Manzella
Janet Murray
Julie (Siler) Olander
Philip Quinn
Maria Stratmann
Frederick Thompson

1983
Lisa (Leaf) Dean
Mary (Stack) Donofrio
Sheila (Eastman) Jeffrey
Deborah (Butryn) Lamplough
Barbara (Waite) LeDuc
Carol McMackin
Donna Oliver
Robert Richards
Mark Rizzo
Nancy Romano
Maureen Ryan
Dianne (Mulvaney) Stearns
Caroline Vogel
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The future of the University and its students is literally made possible by private support, which provides the financial foundation for a quality educational experience. This means every gift, no matter the size, has an immediate impact on campus. Moreover, this means every gift helps shape the future of Framingham State.

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Ralph G. Eddy ’96
H. Warren Fairbanks
Michelle C. Fallon
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Melinda Stoops
Dr. Linda Vaden-Goud
Mark A. Vehar
Robert L. Walmsley ’02

Richard Gregory
William and Claire Hallsey
John and Linda Hampton
Marilyn M. Harper
Helen L. Heinenman
Pamela I. Hodsdon
Rusten Hogness
Joan E. Horrigan
Mary Jane Klebba
Mary J. Koytikh
Mary and Frank Kirwin
Ali C. Kimmery
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George McCormack
Marie M. McKinney
Robert T. McKewley
Catherine S. Michael
Jane Monti
William W. Moreland
Mary E. Murphy
Mary Murphy
Gay Nemic
Patricia M. O’Brien
Lynn B. Olson
Elaine O’Neill
Jeanne Ottaviani
Paul C. Pacheco
Charles R. Parent
Hope J. Parretti-Everett
Albertha Paul
Paul D. Peterson
Michael Pershing
Janet Pfeiffer
Patricia Piazza
Mary and Frank Pirrello
Alice L. Popmionio
Rocco and Carlene Porretta
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Helen Powell
Cory Primm
Fernando Quezada
Daniella Reichstetter
Todd Roberts
Peter D. Rosenbaum
Michael Rubino
Karen Rundlett
Stephen and Diane Russo
Dorothy Ruzzo
Robert Sager
Edward H. Sahagian
Kendra D. Sampson
Lori Scott
Mary H. Shea
Gail Shew
Janet Shonak
Donald F. Smith
Barbara St. George
Margaret B. Storch
Beverly Sucheneck
Joseph Sugrue
Kevin Sullivan
Steve Swets
Kevin Thurston
William Tobin
Anthony Tocci
Joseph Vajda
Heidi Van Zee
Debra von Taube
Roger Vorce
Stella A. Wagner
Jamie Walker
Kimberly Weiner
M. B. Werner
Robert A. Wheeler
Betsey S. Whitman
Karen Williams
Mr. and Mrs. Williams
Gary V. Wing
Robert A. Winrow
Norman Wironen
Cecila A. Wohler
Paul Wojdag
Mary Wright
Jason Xung
Louie and Paula Zusawa
Stanley and Kathy Zusawa
Theresa Zusawa
Anthony and Mary Zusawa
Gary and Marilyn Zusawa

All-Alumni Reunion & Commencement Weekend
MAY 17-19

The faculty, staff, and students of Framingham State University welcome all of our graduates to the 2017 All-Alumni Reunion Weekend:

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Dorothy Ruzzo
Robert Sager
Edward H. Sahagian
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Lori Scott
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Joseph Sugrue
Kevin Sullivan
Steve Swets
Kevin Thurston
William Tobin
Anthony Tocci
Joseph Vajda
Heidi Van Zee
Debra von Taube
Roger Vorce
Stella A. Wagner
Jamie Walker
Kimberly Weiner
M. B. Werner
Robert A. Wheeler
Betsey S. Whitman
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Gary V. Wing
Robert A. Winrow
Norman Wironen
Cecila A. Wohler
Paul Wojdag
Mary Wright
Jason Xung
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2013 Alumni Achievement Awards

Framingham State University is pleased to recognize the 2013 Alumni Achievement Award winners. Each of the winners will be honored during All-Alumni Commencement & Reunion Weekend, May 17-19, 2013.

Janina Swiacki ’67 and Nancy Swiacki ’68
Distinguished Alumni Achievement Award
Janina and Nancy have spent their entire adult lives as teachers and community advocates. Janina taught at Burgess Elementary School in Sturbridge, MA, for 34 years. Nancy taught in the Southbridge Public School system for 33 years, spending the bulk of that time at the high school. The sisters are longtime supporters of the annual Framingham State Children’s Literature Festival, helping sponsor the event each year through the Swiacki Children’s Literature Fund. Janina and Nancy are also very active in their community, volunteering at their local parish, co-chairing a committee to have a sculpture erected in the Southbridge Town Common, and co-chairing a committee that supports programs at Harrington Memorial Hospital.

Timothy Cornely ’75, ’80G
Alumni Educator Achievement Award
Timothy spent 35 years in the Holliston Public School system, serving in a wide variety of roles prior to retiring in 2011. During his career he served as an elementary school teacher, guidance counselor, assistant principal, principal, and curriculum director for the district. He spent his last seven years as the assistant superintendent for curriculum and instruction. Timothy’s family has strong ties to FSU as his sister, brother and oldest daughter are alumni. His youngest daughter will earn her master’s degree from FSU this spring. He is a current member of the Alumni Association Board of Directors.

Ellen DiBattista ’98
Alumni Leadership and Service Award
Ellen is the senior Merchandise Manager for Classic and Basketball Footwear and Apparel for Reebok, Intl. She has been an active alumna at FSU, serving on the Industry Advisory Board for the University’s Fashion Design and Retailing program and has supervised many FSU interns at Reebok. She has also mentored new hires at Reebok who are FSU graduates and she attends and critiques the Fashion Design and Retailing program’s annual portfolio day. Ellen is teaching an online independent study course at Framingham State this semester.

Rob DeLeo ’06, PhD
Young Alumni Achievement Award
Rob is an assistant professor of Global Public Policy at Bentley University, where he teaches courses on public policy and state and local government. His research interests include public policy theory (problem definition and agenda setting) as well as public health policy, science and technology policy, and environmental policy. His work, which examines policy change in anticipation of potentially catastrophic events, has appeared in a number of academic and professional journals. Rob received his doctorate in political science from Northeastern University in 2012.
Homecoming & Family Weekend

Hundreds turned out for the annual Homecoming and Family Weekend at Framingham State last fall and watched the football team win a thrilling 35-28 overtime game against the Massachusetts Maritime Academy. Alumni were treated to a free pre-game brunch and gift.

Ram Pride

Hundreds of current and former students came out to cheer on the Rams.

Ram Faithful

Alumni packed the stands to cheer on the football team.

Young or Old

Everyone has a blast at Homecoming and Family Weekend.

 Loud and Proud

The football team had plenty of support in the stands.
The Framingham State Volleyball team is coming off its most successful season in school history, having won the Massachusetts State Collegiate Athletic Conference (MASCAC) regular season and conference tournament championship. The team finished 24-10 and earned its first-ever invite to the NCAA Division III Volleyball Championship.

The Rams are led by outstanding junior outside hitter Andressa Fernandes ’14, who was named MASCAC Player of the Week six times last season en route to her second consecutive MASCAC Player of the Year Award.

Fernandes says her passion for volleyball can be traced back to her native Brazil, where she took up the sport around the age of 10.

“Volleyball is a big sport in Brazil, particularly for women,” says Fernandes. “I learned the basics and fundamentals when I was young.”

Her family moved to Massachusetts when Fernandes was 13, and she stopped playing the sport until her junior year of high school at Keefe Regional Technical School in Framingham. The opportunity to play at Framingham State played a role in her decision to attend the University.

Fernandes says that it’s exciting to be part of the first FSU team to win the MASCAC Tournament.

“It’s something we’ve been working toward since my freshman year,” she says. “All the girls were really focused and passionate from the start this year. We knew that we had a chance to be successful.”

When asked about her two Player of the Year awards, Fernandes deflects attention onto her teammates.

“It’s an individual award, but this is a team sport,” she says. “I play well when my teammates are playing well, so they certainly deserve credit for it.”

An economics major, Fernandes says she has high hopes for next season’s team.

“We’re only losing one senior, so we feel like we have a good shot at the title again,” she says. “Hopefully, we can get back to the NCAA Tournament and make some noise.”

Fernandes, who didn’t speak a word of English when her family moved to the United States, says that she’s enjoyed her time at FSU.

“I love all my classes, and I love my major,” she says. “It’s a great community. I’m really looking forward to senior year.”
FSU Football Continues to Rewrite the Record Books

Another year, another record-setting season for Coach Tom Kelley ’76 and his football squad. The team finished 10-2, setting a record for wins and earning its first-ever New England Football Conference Championship (NEFC) by defeating Salve Regina 28-16 in the finals.

The win earned the Rams an automatic bid into the NCAA Division III Football Tournament, where they narrowly lost to Cortland State 20-19 in New York. Kelley was honored as the Division II/III Coach of the Year by the New England Football Writers, and defensive lineman James Muirhead was awarded the Division II/III Gold Helmet Award, which is given to the best player in New England. Muirhead led the Rams in tackles, recorded 10.5 sacks and was the first-ever FSU player to win the season Gold Helmet Award.

Junior running back Melikke Van Alstyne also enjoyed another stellar season and joined Muirhead on the All-New England Team. He has rushed for more than 4,000 yards during his three years at FSU.

The football team now sports an impressive 26-8 record over the past three seasons under Tom Kelley, following several years of struggling to earn wins in the NEFC.

The Annual Rams Booster Club Golf Tournament

Monday, June 24, 2013
Highfields Golf & Country Club

Help support the proud tradition of Framingham State Athletics by participating in the annual Rams Booster Club Golf Tournament scheduled for Monday, June 24, 2013. The event will once again take place at beautiful Highfields Golf & Country Club, an 18-hole championship course in Grafton, Mass.

The tournament will begin at 10 a.m. with a shotgun start. The day will include a raffle, silent auction and awards dinner along with 18 holes of spectacular golf—all in support of a great cause.

The Rams Booster Club is the fundraising arm for athletics at FSU. Booster Club funding helps underwrite equipment, uniform purchases and team travel.

For registration information, contact Carey Eggen at ceggen@framingham.edu or 508-626-4565.
Of Special Note...

PROFESSOR EVGENIJA GARBOLEVSKY ’03: FROM STUDENT TO TEACHER

by KATHLEEN MCDONOUGH ’13

It took Evgenija Garbolevsky ’03 four challenging years of studying, taking notes and writing papers to earn a bachelor’s degree in history at Framingham State. But just two years after graduating, Garbolevsky found herself back at the University—only this time, she was the one giving lectures, assigning essays and passing out exams. Garbolevsky was offered a visiting lecturer position in the History Department in 2005 while still in graduate school at Brandeis University. Having been on the other side of the desk not so long ago, Garbolevsky says she knows what it feels like to be a student and has respect and admiration for the hard work they put into their studies. “It is just exciting to give back and kind of switch places,” she says. “It’s nice to still be in the classroom no matter what side you are on.”

The Bulgarian native was offered full scholarships to Brandeis and Boston College after she graduated from FSU, which she says demonstrates how well the University prepared her for post-graduate education. Garbolevsky remained at Brandeis University through 2011, earning a PhD in history, while continuing to teach at FSU.

The topic of her dissertation recently resulted in her first published book, The Conformists: Creativity and Decadence in the Bulgarian Cinema 1945–89, which examines the Bulgarian film industry during the Cold War era.

‘73 Warren Griffin ’73G has been elected as commandant of the Department of Massachusetts Marine Corps League. He received his undergraduate and graduate degrees from Framingham State.

‘75 Patti Delaney Pultorak ’75G recently retired as a family and consumer science teacher from the Syracuse City School District in New York.

‘79 June Lantry, a special education teacher at Oakmont Regional High School in Ashburnham, MA, recently received the 2012 Oakmont Excellence in Education Award. She has taught at the school since 1993.

‘80 Michael Fabbri was recently named an associate justice of the State District Court. Fabbri received an Alumni Achievement Award in 2009 and served three terms on the Alumni Association Board of Directors.

‘81 Elaine Beckett has been hired as a health and wellness teacher at the Bromfield School in Harvard, MA. She was previously a health teacher at Nashoba Valley Regional High School.

‘84 Sandra Wheeler was promoted to vice-president of Tactical Networks for General Dynamics C4 Systems and will work in the U.S. Army’s network modernization plan. Sandra will lead the teams responsible for the continuous development and fielding of the U.S. Army’s Warfighter Information Network-Tactical, the “cornerstone of the Army’s network modernization plan.” She has worked for the company for 32 years.

‘89 Alan MacRae was recently named principal of Triton Regional Middle School in Newbury, MA.

Teri Hegarty has been promoted to director of Marketing and Communication for Marlborough Hospital in Marlborough, MA. Before joining Marlborough Hospital, Hegarty was the marketing and public relations manager at Saint Vincent Hospital in Worcester, MA. She is also a playwright and a collage artist whose work was recently exhibited at the Thayer Memorial Library in Lancaster, MA.

‘92 Craig Williams has been named chief operating officer of Tufts Medical Center. He has more than 20 years of experience in healthcare management, and most recently served as the COO of the Tufts Medical Center Physicians Organization.

‘94 Matthew Pike has been appointed to the South Dakota Criminal Justice Initiative work group by Governor Dennis M. Daugaard. The work group is a bipartisan collaboration among all three branches of state government. Matthew is a criminal defense attorney who currently works for the Lawrence County Public Defenders Office.

Former FSU roommates Kerri Casarano ’94 and Laura (Coppola) Spathanas ’94 are training to run together in the Fool’s Half Marathon in Gloucester, MA, this April. Casarano and Spathanas have remained close friends over the years and look back on their time at Framingham State as four of the best years of their lives.

Class Notes Submissions

Are you getting married or starting a new job? Do you have a new bundle of joy or did you publish your work?

Share your news and photos with the University and fellow alumni. Each class note should include your full name and year of graduation from Framingham State.

Submit your class notes to publications@framingham.edu

Class notes can also be faxed to 508-626-4036

Questions? Call us at 508-626-4012
‘95 Laura (Murphy) Richards and her husband Kevin Richards of Framingham, MA, are excited to announce the birth of their fourth child, Jack Forslind Richards, born July 12, 2012, weighing 9 pounds 4 ounces and measuring 21.5 inches. Jack joins older brothers Nick and Charlie (age 10) and Harry (age 7).

Richard Haney has joined St. Mary’s Bank in Manchester, NH, as a residential loan originator. He previously worked in a similar capacity for People’s United Bank.

‘98 Tony Rino was named executive director of the New England region for IPC: The Hospitalist Company. In that role, he provides operational supervision of IPC’s hospitalist services throughout the region, both in acute and post-acute facilities.

‘99 Lisa (Walmsley) Slavin and her husband Tim welcomed their third child, Thomas Joseph Slavin, on October 30, 2012.

Jean Perry was named the new principal for Veterans Memorial Elementary School in Saugus, MA. She is “excited to get to know the community through the students, parents and staff.”

Kristen (Bard) Serra and Thom Serra welcomed their first child, Ryan Thomas Serra, on November 28, 2012.

‘01 Maria Sorrentino Montanez and Greg Montanez are pleased to announce the birth of their first child, Tina Marie Montanez, on July 25, 2012. Tina weighed 6 pounds 4 ounces and measured 19.25 inches.

FSU Alumni Club Annual Spring Meeting

The annual spring meeting and luncheon of the Cape Cod Framingham College Club (CCFCC) will be held on Saturday, May 4, at the Old Yarmouth Inn, Route 6A, Yarmouthport at 11:30 a.m. There will be networking, a brief business meeting and dinner and the O’Demello’s guitar duo will provide entertainment. The cost is $25. The event is open to all FSU graduates living on Cape Cod and the Islands, and the primary focus is to raise money for student scholarships.

For more information, contact Barbara Campion at 508-362-2934.

Event Planning and New Media Course at FSU

Framingham State alumna Suzanne McDonald ‘95 early on recognized the power of new media to engage an audience and market a product or event. McDonald is president and chief content strategist for Designated Editor, an Internet marketing company that integrates traditional strategies with social media, blogs and user-generated content.

“It’s a small niche company that I started with a focus on content for websites, search marketing and social media strategy,” says McDonald, who wrote for The Gatepost during her time at FSU and previously worked for the Boston Globe.

Now, McDonald is sharing her expertise with current students at FSU. Last fall, she taught Framingham State’s first-ever Event Planning and New Media course. She also teaches a Social Media Strategies course at the University of Rhode Island.

“I’ve really enjoyed coming back to Framingham,” McDonald says. “The students here are hard-working and smart. Class just flies right by because the students are engaged and have lots of questions.”

During the course, McDonald had the students analyze what goes into planning a conference, how to handle sponsorships and how to market and build interest in an event through social media, blogs and other tools. The major project for the year required each of the 28 students to pair up with a nonprofit agency to gain an understanding of their mission and audience.

Students then created a plan for a major fundraiser for the agency, including information on how the event would be marketed; who would go and what their motivations would be for supporting the cause.

While the students didn’t actually run the event they planned, they did share the plans with the nonprofit agencies for future consideration.

“The students came up with several ideas that the nonprofit agencies were interested in exploring further,” McDonald says. “Overall, I’d say that the event was a big success.”

In addition to teaching and running her company, McDonald founded Newport Interactive Marketers, a networking group made up of dozens of marketing and new media professionals.

“The industry changes so rapidly that it’s critical to network with other professionals to stay on top of new developments and technologies.”

To learn more about McDonald’s company and networking group, visit www.designatededitor.com.

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Adam Goldberg ’07G never imagined after graduating from one of the most prestigious business schools in the country that his career would lead him to educational consulting. But after earning his degree from the Wharton School at the University of Pennsylvania and spending a few years working in the high-tech industry, Goldberg realized he wanted to join his mother’s family practice. “My mother was inspired by a close family member on the autism spectrum to get involved in educational consulting for parents of special needs children,” Goldberg says. “I never expected I would join her in that. But on a fateful redeye flight home one day, it struck me that I wanted to change my career path.”

When Goldberg approached his mother about the idea, she told him he needed to get his master’s degree, which led him to Framingham State, where he earned an MA in Special Education. “I had a great experience at FSU because the teaching staff and administration in Special Education knew right off the bat I wasn’t a typical student,” he says. “I wasn’t attending for teaching licensure. I was there to gain knowledge that would be beneficial for providing private guidance to families of students who are struggling.”

Goldberg quickly realized that one of the biggest challenges in educational consulting is that 95 percent of the people seeking assistance had to be turned away because they couldn’t afford pricey private service. That’s when he decided to make use of his business and technology expertise. Goldberg is the founder of myEdGPS, a first-of-its-kind online platform for parents of children diagnosed with autism, attention deficit hyperactivity disorder (ADHD), learning disabilities or other exceptional needs. “It’s sort of like TurboTax for special education navigation,” Goldberg says. “Parents answer a series of questions about their child and based on their answers they are brought down a particular path. It simplifies what can be a complicated and frustrating process, provides parents with online tools and puts them in touch with experts for less money than they would pay visiting them off the street.”

The service is getting a lot of attention. It was showcased last year at the Democratic and Republican national conventions and at the White House. It’s also been featured in The Huffington Post, on CBSRadio, and in several other forums. “We’re really excited about the response we’re getting,” Goldberg says. “We have been able to raise a lot of capital and we are planning for a full commercial launch around March or April.”

For more information about the service, visit www.myedgps.com.

Mark D’Agostino is president of RF D’Agostino Insurance Agency, Inc., in Brockton, MA. He enjoys Bruins and Red Sox games.

Dan Izen will be the manager of a new office for Professional Sound Services in New Orleans, LA. Professional Sound Services offers audio equipment sales, service and rentals throughout the United States and internationally. Izen is an accomplished sound mixer who has worked on a number of television shows, including Common Law, which aired this past summer on the USA Network.

Kelly Slavin has received the Young Manager Development Award, given annually by the Worshipful Company of Pattenmakers. This charitable foundation identifies young people in the footwear industry, and the award assists with continued professional development and education. Kelly currently resides in England.

Rich Gadoury is the new head coach for the Granby High School Football Team in Granby, CT. He was previously an assistant coach there, and also has coached at Weston High School in Weston, MA, and Western New England College.

Felipe Pereira married Keriann Pereira in June 2012.

Veishal Singhal ’09G is the new community banking officer and manager for the Needham branch of Middlesex Savings Bank. He has been with the company for 12 years.

April Bonannigo was engaged to Chris Palmquist in June 2012. The couple is planning a wedding for September 2013.
Of Special Note...

FSU Alumna Publishes Psychological Thriller

Gledé Browne Kabongo ‘94 recently released her debut novel, Conspiracy of Silence, a psychological thriller about an Ivy League-educated executive who would do anything to prevent revealing a dark secret from her past. Kabongo says that like many writers, she drew inspiration for the protagonist, Nina Kasai, from her own life.

“In the case of Conspiracy of Silence, my protagonist is a marketing executive,” Kabongo says. “I was able to draw on my experience as a marketer to make that aspect of the character’s life authentic.”

Kabongo began writing at the age of 14 when she covered soccer matches for her hometown newspaper. She has also written for the Patriot Ledger and MetroWest Daily News, two Massachusetts-based metropolitan newspapers. For the past decade, Kabongo has worked in senior marketing roles for organizations in the information technology, publishing and nonprofit sectors. She spends much of her free time writing.

“I’m working on my second novel now and will probably start outlining the third towards the end of this year or early next year,” she says. Her dream is to one day win a Pulitzer Prize for fiction and a Best Screenplay Academy Award®.

To learn more about Kabongo and her debut novel, visit www.gledebrownekabongo.com.
Officials Celebrate McAuliffe Center Renovations

Getting a generation of tech-savvy children who are hooked on social media and television interested in science and math is no easy task.

But Framingham State’s Christa Corrigan McAuliffe Center has been making the job easier since 1986 by providing middle-school children with interactive experiences designed to bring science and math to life. Renovations to the facility and the installation of a brand-new planetarium will allow officials at the center to enhance the experience for the more than 12,000 students who visit annually.

Faculty, staff and local politicians gathered at the center behind O’Connor Hall last October to celebrate the new building during a ribbon-cutting ceremony. FSU President Timothy J. Flanagan said that the McAuliffe Center is critical to the Commonwealth because it provides professional development in global warming, engineering and topographical maps to teachers. The center also teaches kids about Science, Technology, Engineering and Math (STEM) while they are having fun in the simulated Mission Control Room, Space Station and planetarium. “This one-of-a-kind experience stays with students for years and, for many, it helps spark an interest in the STEM subjects.”

The newest addition to the McAuliffe Center—a planetarium that boasts a brand-new $260,000 projector system—will allow FSU students to develop their own programming to be projected onto the dome. In addition to taking trips into space, the technology will enable middle-school students to “take a trip inside a human cell or travel to the darkest depths of the ocean…. The learning opportunities are limitless,” said Flanagan.

Those in attendance at the ribbon-cutting ceremony were led into the planetarium for a sneak-peek at some of the simulations from the state-of-the-art projector. Tilting their heads back in the dark circular room and looking up at the massive planetarium dome, visitors entered the solar system while stars, planets and beams of light danced across the ceiling as if they could be touched by merely reaching up. The wide-eyed audience also went on a journey through the craters of Mars in search of life’s most necessary resource—water. The lifelike projection of the dome made each corner and crevice of Mars seem real for the audience, who were gripping the edge of their seats and audibly gasping at the experience. Middle-school students will be just as riveted by this experience as were the adults at the ceremony, and they will take away important educational lessons as well.

Massachusetts State Senator Karen Spilka, who supported funding for the project, said the new McAuliffe Center will “inspire thousands of children across the Commonwealth” and instill in them “an exciting thirst for knowledge.”

The McAuliffe Center was named in memory of Framingham State alumna Christa Corrigan McAuliffe ’70, the first teacher in space. The University was honored to have Grace Corrigan, McAuliffe’s mother, attend the ceremony. “Christa would be so grateful for all the students coming here,” said McAuliffe. “She loved the University, and had a wonderful four years here.”
Fred Brown is not a Framingham State alumnus. However, he feels a strong connection to the University through his beloved wife Marjorie (Morgan) Brown ’58, who cherished her time at FSU and passed away in 2002.

“Marjorie really loved attending Framingham State,” Brown says. “She always wanted to teach children, and her education at the University allowed her to follow that dream.”

Marjorie’s education took her to Japan to teach for a year and later to California, where she met Fred Brown. The couple eventually moved to Massachusetts to be closer to family. Marjorie grew up in Holliston, MA.

Brown endowed a scholarship in his wife’s name shortly after she died. To ensure the scholarship remains funded for years to come, Brown recently informed the University that he would be including a generous bequest to FSU in his will.

“I do feel a connection to Framingham State even though I never attended,” Brown says. “I was invited to Marjorie’s 50th class reunion and got a chance to meet her classmates, and learn what they did and where they taught. The people there and the alumni team at the University were very good to me.”

Brown says that since he and Marjorie never had children of their own and the rest of his family is well taken care of, he wants to leave something that will help future students and carry on his wife’s memory through the Marjorie Morgan Brown ’58 Scholarship.

“I think it’s important to help out the kids,” he says. “I certainly could have used some extra money when I was in college. It would have been nice to receive some money to help pay for books and other expenses.”

One of the easiest ways to leave a legacy at Framingham State University is through a bequest. By making arrangements for FSU in your will, you can support a specific department or program, establish a new scholarship or grow an existing one, or provide funds for the University’s greatest needs at that time.

You may arrange for the University to receive a specific dollar amount, a percentage of the estate or the remainder of your estate after all obligations have been met. An outright bequest to FSU is fully tax-deductible for estate-tax purposes.

For more information on planned giving, estate planning and endowment opportunities, please contact the Office of Development and Alumni Relations at 508-626-4012.
Food & Nutrition Gala Dinner
SATURDAY, MAY 4, 2013
Framingham State Food & Nutrition alumni are encouraged to attend this special event to connect with friends and celebrate the 25th anniversary of the John C. Stalker Institute of Food and Nutrition.

All-Alumni Reunion & Commencement Weekend
MAY 17–19, 2013
The Framingham State University Alumni Association is hosting the perfect opportunity to catch up with old friends, make new ones and learn about some of the exciting changes taking place at your alma mater.

Annual Alumni Red Sox Outing
FRIDAY, JUNE 7, 2013
Catch a Red Sox game while you catch up with old friends. There will be an alumni reception prior to the Red Sox taking on the Anaheim Angels at 7:05 p.m. at historic Fenway Park. Alumni are each limited to two tickets. Tickets will not be mailed and must be picked up on game day.

Parents: If this issue of Framingham State magazine is addressed to your son or daughter who now lives at a separate permanent address, please let us know. Call 508-626-4012 or email alumni@framingham.edu.

For more information or to register for alumni events, contact the Office of Alumni Relations at 508-626-4012 or alumni@framingham.edu.

2013 Rams Booster Club Golf Tournament
MONDAY, JUNE 24, 2013 | 10 A.M. SHOTGUN START
Join us for 18 holes of championship golf in a scramble format at Highfields Golf & Country Club in Grafton, Mass., in support of Framingham State University Athletics. A raffle, silent auction and awards dinner will round out the day.

Tanglewood
SUNDAY, AUGUST 4, 2013
Join fellow alumni, family and friends at this acclaimed summer venue: The Leonard Bernstein Memorial Concert, featuring the Tanglewood Music Center Orchestra and Festival Chorus. This year’s event will feature world-famous cellist Yo-Yo Ma!

Homecoming & Family Weekend
SEPTEMBER 20–21, 2013
Discover what Ram Pride is all about at the 2013 Framingham State University Homecoming & Family Weekend. Come cheer on the Rams and stop by the alumni tent for a free pre-game brunch and alumni gift.

Purchase tickets for certain events online at www.framingham.edu/alumnievents
Visit our fan page at www.facebook.com/framinghamstatealumni